



We care about your Pain

GUIDELINES FOR YOUR DAY PROCEDURE

**PLEASE READ THE FOLLOWING INSTRUCTIONS CAREFULLY
BEFORE YOU ATTEND FOR YOUR PROCEDURE**

1. You may have a light lunch (i.e. before 1pm – tea/coffee & sandwich).
2. Please bring evidence of health insurance entitlements
3. If you do not have private health insurance then you should enquire about the specific fee involved in your case in advance of your appointment.
4. Continue to take all medication, including analgesics/pain medication.
5. If you take
 - a) Anti-coagulation agents (blood thinners) such as Plavix / Clopidogrel, Warfarin (or other anticoagulation medication)
 - b) Have started antibiotics in the 3 days before your procedure date
 - c) Have any flu like / viral symptoms 24 hours before your procedure date

Please contact the office (025-86310) immediately. If you are on these medications your procedure will be cancelled on the day for your safety.

6. A responsible adult must escort all patients home. You are firmly advised not to drive your car to the hospital, as you will not be insured to drive home after the procedure. Patients must be collected and an estimated time is best arranged on the day of the procedure.
7. We advise that you wear comfortable clothes, as you may be wearing a gown during the procedure. Please bring a dressing gown and slippers with you. Please do not wear make-up or nail varnish on admission.
8. We advised that you leave valuables such as jewelry and watches at home, and do not bring large sums of money with you.

**IF YOU CANNOT ATTEND ON THE DATE ARRANGED, PLEASE CANCEL THIS
ADMISSION IMMEDIATELY TO BE RE-SCHEDULED**

*If you have any other enquiries please do not hesitate to contact the Consultation Suite, Elysian Building, Cork
Tel: 025-86310*

Visit us on line at www.painreliefireland.ie